VAYNKHADLER,MARK,MD
1502 EAST 14TH STREET, SUITE 2
BROOKLYN, NY 11230

Phone: (347)541-6241
Fax: (718)764-1229

HUTCHINSON,MARIAH - DOB: 3/8/1991
Female Annual Exam 1 - 12/18/2021

Reason for Visit:
pelvic pain

Patient age 28 yrs.

LMP: 6/7/2021

Weight:	104	Lbs	**Prev Wt:**	100	Lbs
Height:	65	In	**BMI:**	17.3	

Prev BP: 110 / 75

BP 1: 110 / 75

Urine pregnancy test negative ✓ **81025**

Urinalysis: ❒ 81002 **Status:**

Clarity:	Color:	Glucose:	BIL:	KET:	SG:
0	0	0	0	0	1

PH:	PRO:	URO:	NIT:	BLO:	LEU:
6	0	0	0	0	0

Pap Completed:

Yes

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HUTCHINSON,MARIAH - DOB: 3/8/1991
Female Annual Exam 1 - 12/18/2021

* * *

Menstrual History

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Menarche: 12 yrs old **Frequency:** irregular **Duration:** 5-7 days
Quantity moderate **Pain** moderate

Menopause NA Age **Type** NA

Post Menopausal Bleeding NA

Last Pap: 11/9/2020 **Last Pap Results:** NILM

Mammogram:

Bone Density

Past History

Medical:

H/O vomiting with initiation of menses/through menses
GERD/acid reflux

Injuries:

none

Hospitalizations / Surgeries:

TOP ~22 weeks 2007

Psychiatric History:

Anxiety possible (PCP stated nausea anxiety)

Infection History:

CT 2013

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Family History:

				Age at Dx
Cancer:	breast	**Relation:**	aunt paternal	30
Cancer:	colon	**Relation:**	maternal grandmother	50
Cancer:		**Relation:**		

Anemia:

Diabetes: maternal grandmother

Hypertension: MGM

Endocrine:

Heart Disease:

Social History/Domestic Violence Screening:

single

Smoking Status:

Never smoker

Type:

Packs / day:

For:

Alcohol Use:

No

Drugs:

No

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Caffeine Use:
Yes
Qty: tea

Employment:
Employed
Occupation:

Sexual Activity:
Current

Partners : 1

Number of Partners:

Last 6 Months: **Last Year:** **Last 2 Years:**

Lifetime:

Contraception
none

Obstetrical History

Total Pregnancies: 1
Full Term:
Premature:
Ectopics:
Abort Induced: 1
Abort Spontaneous:
Multiple Births:
Living Children: 0

Date	Delivery Route	Sex	Weight	Complications
		unknown		
		unknown		
		unknown		
		unknown		

Explanation of OB History:

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For Potential OB patients only:

GENETIC SCREENING / TERATOLOGY COUNSELING INCLUDES PATIENT, BABY'S FATHER, OR ANYONE IN EITHER FAMILY WITH:

Yes	No	
❒	✓	1. Patient's Age 35 years or older as of Estimate Date of Delivery
❒	✓	2. Thalassemia (Italian, Greek, Mediterranean or Asian Background) MCV Less than 80
❒	✓	3. Neural Tube Defect (Meningomyelocele, Spina Bifida or Anencephaly)
❒	✓	4. Congenital Heart Defect
❒	✓	5. Down Syndrome
❒	✓	6. Tay-Sachs (Ashkenazi Jewish, Cajun, French Canadian)
❒	✓	7. Canavan Disease (Ashkenazi Jewish)
❒	✓	8. Familial Dysautonomia (Ashkenazi Jewish)
❒	✓	9. Sickle Cell Disease or Trait (African)
❒	✓	10. Hemophilia or Other Blood Disorder
❒	✓	11. Muscular Dystrophy
❒	✓	12. Cystic Fibrosis
❒	✓	13. Huntington's Chorea
❒	✓	14. Mental Retardation / Autism (If Yes, was person tested for Fragile X?)
❒	✓	15. Other inherited genetic or chromosomal disorder
❒	✓	16. Maternal Metabolic Disorder (EG, Type 1 Diabetes, PKU)
❒	✓	17. Patient or Baby's Father had a child with birth defects (not listed above)
❒	✓	18. Recurrent Pregnancy loss or stillbirth
❒	✓	19. Medications (Including supplements, vitamins, herbs or OTC Drugs) / Illicit / Recreational Drugs / Alcohol since last menstrual period

COMMENTS/COUNSELIN G

History of Present Illness

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c/o of irregular menses this cycle had heavier menses then usual
c/o breast mass on left side
c/o spotting one day in between menses
c/o of mild pelvic/abdominal pain and cramping like with period
h/o of heavy to moderate menses with cramping and lower back pain whenever she gets her period
c/o freq urination
c/o discomfort pain during intercourse occasional deep
c/o vaginal discharge mild
h/o anorexia
h/o PMDD
H/O sexual abuse
Annual
family hx breast ca

My Risk

Family History Of Cancer aunt paternal - breast 30 yo
maternal grandmother - colon 50
natera negative

Eligibility: Eligible

Tested: Yes

Result:

Review Of Systems:

System	Negative	Positive Response / Pertinent Negative
Cardiovascular	✓	
Respiratory	✓	
Gastrointestinal	❒	abd pain
Genitourinary	❒	pelvic pain

Ski	✓
Psychiatric	✓
Endocrine	✓

SELECT "COMPLETED" AFTER REVIEWING AT LEAST TWO OF THE ABOVE. Completed

Gardasil

Eligibility:

Discussed: **Declined:** **Completed:**

Doses:

1: **Lot number:** **Expiration:**

2: **Lot number:** **Expiration:**

3: **Lot number:** **Expiration:**

If Not Eligible:

Completed At Other Location:

Over 26 Years Old:

Location:

Quality:

Severity:

Duration:

Timing:

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Context:
Mod. Factors:

Symptoms:

Menstrual History

Flow: heavy mod

Dysmenorrhea: mod

Dyspareunia: deep

Intermenstrual Bleeding: no

Desires future fertility YES

Urinary Symptoms freq

Discharge: Yes

Symptoms:

Odor:

Physical Exam:

Head:
normocephalic

Neck:
Normal

Heart Rate:
Regular

Heart Rhythm:
regular

Lungs: Clear

Breast: Normal

left breast 9 o clock 1cm mobile

Abdomen: Normal

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Female Annual Exam 1 - 12/18/2021

Extremities: Normal
Without clubbing, cyanosis and edema. Palms and nails are normal. Ambulates without difficulty

Neurological: Normal
No gross sensory or motor deficits.

Pelvic Exam

External Genitalia:
Normal

Pubic Hair Distribution:
Normal

Pelvic Floor:
Normal

Perineum:
Intact

Introitus:
Deferred

Urethra:
Normal

Vagina Abnormal

white milky thin discharge

Irrigation: ✓

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GU - Female:

Normal

Normal external genitalia. Normal Bladder - non-tender.

Cervix:

closed, nontender

Uterus:

Normal

Uterus Position:

Normal

Uterus Shape:

Regular

Prolapse:

No

Adnexa:

Normal

Rectal:

Deferred

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.

Assessment:

left breast mass 9 o clock
irregular menses
abdominal pain
pelvic pain
dysmenorrhea
hx menorrhagia
amenorrhea
constipation
freq urination
menorrhagia
lumbago
dyspareaunia deep
std counseling
contraceptive counseling
leukorrhea

Plan:

annual
pap
affirm
gc/ct
everything labs
sono pv
std counseling
contraceptive counseling
breast ultrasound referral given

Plan:
r/o bv
r/o ureaplasma
annual
pap
affirm
h/o anorexia
gc/ct
h/o emotional stress
everything labs
h/o PMDD
sono pv
H/O sexual abuse
std counseling
STD counseling
contraceptive counseling
contraceptive counseling
breast ultrasound referral given

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Visit Time:

Comments:

Next Appt: 1 year

054.10	❒	Genital Herpes	621.9	❒	Unspecified disorder of uterus	788
078.10	❒	Viral warts	622.11	❒	Mild dysplasia of cervix	788
079.4	❒	Human papillomavirus (unspec. site)	622.4	❒	Cervical Stenosis	788
112.1	❒	Candidiasis of vulva and vagina	623.5	❒	Leukorrhea	788
131.01	❒	Trichomonas	623.8	❒	Lesion, Vaginal	789
174.9	❒	Carcinoma Breast Unspecified	624.8	❒	Lesion, Vulvar	789
V16.3	❒	>Family History	625.0	❒	Dyspareunia	793
218.1	❒	Intramural leiomyoma of uterus	625.1	❒	Vaginismus	793
256.4	❒	Polycystic ovaries	625.2	❒	Mittelschmerz	795
268.9	❒	Unspecified vitamin D deficiency	625.3	❒	Dysmenorrhea	795
272.0	❒	Pure hypercholesterolemia	625.4	❒	PMS	795
276.51	❒	Volume depletion disorder: Dehydration	625.6	❒	Stress incontinence female	795
285.9	❒	Anemia unspecified	625.70	❒	Vulvodynia, unspecified	795
455.6	❒	Hemorrhoids unspecified	625.8	❒	Pelvic Pain	799
564.00	❒	Constipation	625.9	❒	Unspec. sympt. w/ female genital orga.	996

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595.0	❒	Cystitis	626.0	❒	Absence of menstruation	998
596.5	❒	Bladder Dysfunction	626.1	❒	Scanty or infrequent menstruation	V0
599.0	❒	Urinary tract infection, site not spec.	626.2	❒	Excessive or frequent menstruation	V0
599.70	❒	Hematuria	626.4	❒	Irregular menstrual cycle	V0
610.1	❒	Breast Fibrocystic	626.6	❒	Metrorrhagia	V0
611.71	❒	Breast Lump/mass	626.7	❒	Postcoital Bleeding	V1
611.72	❒	Breast pain	626.8	❒	Menstrual Suppression	V2
616.0	❒	Cervicitis/Endocervicitis	626.9	❒	Other menstruation + abnor. bleeding	V2
616.10	❒	Bacterial Vaginitis	627.1	❒	Postmenopausal bleeding	V2
616.2	❒	Bartholin's Cyst	627.2	❒	Sympt. Menopausal/fem clima. states	V2
617.0	❒	Endometriosis of uterus	627.3	❒	Postmenopausal atrophic vaginitis	V2
617.1	❒	Endometriosis of ovary	628.0	❒	Anovulation	V2
618.01	❒	Cystocele, midline	629.81	❒	Recurrent pregnancy loss w/o cur pre.	V2
618.04	❒	Prolapse - Rectocele	629.9	❒	Unspec. Disorder of female genital	V2
618.1	❒	Urine prolapse	632	❒	Missed abortion	V6
618.2	❒	Prolapse - Uterovaginal, incomplete	709.9	❒	Lesion, Dermal	V6
620.0	❒	Follicular cyst of ovary	724.9	❒	Other unspecified back disorders	V6
620.1	❒	Corpus luteum cyst or hematoma	733.01	❒	Osteoporosis, senile	V7
620.2	❒	Other and unspecified ovarian cyst	733.90	❒	Osteopenia	V7
620.8	❒	Other noninflammatory dis of ovary	752.19	❒	Other congenital anamaly of fallopian	V7
620.9	❒	Unspecified noninflammatory disorder	752.39	❒	Other anomalies of Uterus	V7
621.0	❒	Polyp of corpus uteri	752.41	❒	Embryonic cyst of cervix, vagina	V7
621.2	❒	Hypertrophy of uterus	780.79	❒	Fatigue	V7
621.30	❒	Endometrial hyperplasia, unspecified	787.3	❒	Abdominal bloating, gas	V8
621.4	❒	Hematometra	788.1	❒	Dysuria	V8
621.6	❒	Malposition of uterus	788.20	❒	Retention, unspec.	

Education / Counseling

Physical Activity Counseling:

discussed

Nutrition Counseling:

discussed

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BMI Follow-up Plan:
discussed

Colonoscopy:

Alcohol:

Osteoporosis Screening:

Drugs:

Breast Imaging:

Sexual Activity:

discussed

Pap Pelvic Exam:

Vaccinations:

Psych Counseling

Smoking Cessation

Other Education:

ESTABLISHED

New	Est.
99203❒	99213❒
99204❒	99214❒
99205❒	99215❒

PREVENTATIVE

New Patient	Estab. Patient
99384❒ Age 12-17	99394❒ Age 12-17

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99385	❒ Age 18-39	99395	❒ Age 18-39
99386	❒ Age 40-64	99396	❒ Age 40-64
99387	❒ Age 65+	99397	❒ Age 65+
99402	❒ Counsel. 30 min.		

PROCEDURES

- 11420❒ Excision of benign lesions (709.9)
- 11426❒ Excision of benign lesions, diameter over 4 cm
- 36410❒ Venipuncture
- 56605❒ Biopsy Vulva/peritoneum 1 les.
- 57150❒ Irrigation Medicate Vagina
- 57160❒ Insertion pessary
- 57180❒ Packing/Monsels ect. vag. hemorr.
- 57454❒ Colposcopy / Biopsy Cervix & ECC
- 57460❒ Endoscopy w/ loop electr. biop. cervi
- 57511❒ Cryocautery Of Cervix
- 58100❒ Endometrial Biopsy
- 58120❒ Dilation and Curettage (nonobstetrical)
- 58300❒ IUD Insert
- 58301❒ Removal of intrauterine device (IUD)
- 58558❒ Hysteroscopy, surgical
- 58563❒ Hysteroscopy w/ endometrial ablation
- 58565❒ Laparoscopy w/ bilateral fallopian tube
- 59820❒ Treatment of missed abort. (surgic)
- 90471❒ Immunization administration, 1 vaccine
- 90472❒ Immunization administration
- 90649❒ HPV vaccine (3 dose) (V04.89)
- 96372❒ Therapeutic, prophylactic, or diagnostic injection
- 96360❒ IV
- 90656❒ Flu Vaccine (V04.81)

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SUPPLIES

J7300❒ Copper IUD
J7302❒ Mirena (IUD)
J2790❒ Rhogam
J1725❒ Makena
J1885❒ Inject. ketorolac tromethamine, 15mg
J1050❒ Depoprovera
J1950❒ Lupron Depot

ULTRASOUNDS

58340❒ Sonohysterogram
76830❒ Ultrasound, transvaginal
76831❒ Sonohysterogram
76856❒ Ultrasound, pelvic (nonobstetric)
93925❒ Arterial (lower extremity)
93970❒ Venous (lower extremeity)
93976❒ Duplex scan abdom., pelvic

LABORATORY

81002❒ Urinalysis
81025❒ Urine Preg. Test
99000❒ Specimen Handling
Q0091❒ Pap Collection
G0101❒ Breast Exam

URODYNAMICS

51729❒
51741❒
51797❒

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Flu Vaccine Discussed

Flu Vaccine Administered

Lot number: **Expiration:**

New	Established
❒ 99203: 30 min	✓ 99213: 15 min
❒ 99204: 45 min	❒ 99214: 25 min
❒ 99205: 60 min	❒ 99215: 40 min

❒ 99024: Postpartum Global ❒ 59430: Postpartum Only

NEW PATIENT	ESTABLISHED PATIENT
❒ 99384: Age 12-17	❒ 99394: Age 12-17
❒ 99385: Age 18-39	✓ 99395: Age 18-39
❒ 99386: Age 40-64	❒ 99396: Age 40-64
❒ 99387: Age 65+	❒ 99397: Age 65+

✓ 99401: 15 min ❒ 99402: 30 min BMI: Z68.17.3

PROCEDURES	ULTRASOUNDS
❒ 11420: Excision of benign lesions .5CM <	❒ 58340: Catheterization for hysterography
❒ 11426: Excision of benign lesions, diameter > 4cm	❒ 76831: Saline infusion sonohysterography
❒ 11982: Removal drug implant (Nexplanon)	❒ 76830: TRANSVAGINAL
❒ 56405: Incision/drainage of vulva/perin. abscess	❒ 76856: PELVIC
❒ 56605: Biopsy vulva/peritoneum 1 les.	❒ 76857: PELVIC LIMITED (follicular devel.)
✓ 57150: Irrigation Medicate Vagina	❒ 93976: Duplex scan abdom., pelvic
❒ 57160: Insertion pessary	

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❒ 57180: Hemostatic agent for vaginal bleeding
❒ 57454: Colposcopy / biopsy cervix & ECC
❒ 57460: Endoscopy: BX of cervix with scope leep
❒ 57511: Cryocautery of cervix
❒ 51729: Complex cystometrogram (pressure)
❒ 51741: Complex uroflowmetry
❒ 51797: Abdominal pressure
❒ 58100: Endometrial biopsy
❒ 58120: Dilation and curettage (nonobstetrical)
❒ 58300: Insertion of IUD
❒ J7300: Paragard NDC_____
❒ J7298: Mirena IUD NDC_____
❒ J7297: Liletta IUD NDC_____
❒ 58301: Removal of IUD
❒ 58322: IUI 628.8
❒ 58323: IUI 628.0
❒ 58558: Hysteroscopy, surgical
❒ 58562: Hysteroscopy with removal of foreign body
❒ 58563: Hysteroscopy with endometrial ablation
❒ 58565: Laparoscopy with bilateral fallopian tube
❒ 59820: Treatment of missed abort. (surgic)

LABORATORY

✓ 36415: Venipuncture (Routine)
✓ 81002: Urinalysis
✓ 81025: Preg. test
✓ Q0091: Pap collection
✓ G0101: Breast exam
❒ 96360: IV hydration 30 min - 1 hour
❒ 96361: IV hydration > 1 hour
❒ J2790: Rho D Injection
❒ J0725: Novarel injection
❒ J1726: Makena 10mg injection
❒ J1885 * _____ Ketorolac
❒ J1050 * _____ Depo-Pro
❒ J1950: Lupron depot injection
❒ 96372: INJECTION ADM
❒ 90661: Flu vaccine
❒ 90715: Tetanus (TDAP)
❒ 90651: Gardasil (3 dose)
❒ 90471: Vaccine immunization admin.

DIAGNOSIS CODES

❒ A59.9: Tichomoniasis
❒ A60.0: Genital herpes
❒ A63.0: Condyloma
❒ A74.9: Chlamydial infection
❒ B37.3: Candidiasis vulva/vagina
❒ B97.7: HPV (unspecified site)
❒ D25.1: Intramural leiomyoma
❒ N83.201: Ovarian cyst, right
❒ N83.202: Ovarian cyst, left
❒ N83.8: Noninflammatory disorder of ovary, fallopi
❒ N83.9: Noninflammatory disorder of ovary, fallopi
❒ N84.0: Polyp of corpus uteri
❒ N84.1: Cervical polyp
❒ N85.2: Hypertrophy of uterus

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- ❒ D64.9: Anemia
- ❒ E28.2: Polycystic ovaries
- ❒ E55.9: Vitamin D deficiency
- ❒ E66.01: Morbid obesity
- ❒ E66.9: Obesity
- ❒ E78.00: Hypercholesterolemia
- ❒ E78.01: Familial hypercholesterolemia
- ❒ E86.0: Dehydration
- ✓ K59.00: Constipation
- ❒ L68.0: Hirsutism
- ✓ M54.5: Lumbago, low back pain
- ❒ M81.0: Osteoporosis
- ❒ M94.9: Disorder of cartilage
- ❒ N39.0: UTI site not specified
- ❒ N39.3: Stress incontinence female
- ❒ N61.0: Mastitis without abscess
- ❒ N63.0: Breast mass
- ❒ N64.4: Mastodynia
- ❒ N72: Cervicitis
- ❒ N75.0: Bartholin cyst
- ❒ N75.1: Bartholin abscess
- ❒ N76.0: Bacterial Vaginitis
- ❒ N76.4: Abscess of vulva
- ❒ N80.9: Endometriosis
- ❒ N81.10: Cystocele, unspecified
- ❒ N81.11: Cystocele, midline
- ❒ N81.12: Cystocele, lateral
- ❒ N81.2: Uterine prolapse
- ❒ N81.6: Rectocele
- ❒ N83.00: Follicular cyst of ovary
- ❒ N83.01: Follicular cyst, right ovary
- ❒ N85.00: Endometrial hyperplasia, unspecified
- ❒ N85.4: Malposition of uterus
- ❒ N85.7: Hematometra
- ❒ N85.9: Noninflammatory disorder of uterus, unspe
- ❒ N87.0: Mild dysplasia of cervix
- ❒ N87.1: Moderate dysplasia of cervix
- ❒ N88.2: Stricture and stenosis of cervix
- ✓ N89.8: Leukorrhea
- ❒ N90.89: Noninflammatory disorder of vulva and pe
- ✓ N91.2: Absence of menstruation; amenorrhea
- ❒ N91.5: infrequent menstruation; oligomenorrhea
- ✓ N92.0: Excessive or frequent menstruation
- ❒ N92.1: Metrorrhagia (excessive menstruation)
- ✓ N92.6: Irregular menstrual cycle
- ✓ N93.9: other menstruation and abnormal bleeding
- ❒ N94.0: Mittelschmerz
- ❒ N94.10: Dyspareunia, unspecified
- ❒ N94.11: Dyspareunia, superficial
- ✓ N94.12: Dyspareunia, deep
- ❒ N94.2: Vaginismus
- ❒ N94.3: PMS
- ✓ N94.6: Dysmenorrhea
- ❒ N94.89: Condition with genital menstrual
- ❒ N94.9: Unspecified disorder of female genital
- ❒ N95.0: Postmenopausal bleeding
- ❒ N95.1: Menopausal/female climacteric
- ❒ N95.2: Postmenopausal atrophic vaginitis
- ❒ N96: Recurrent pregnancy loss
- ❒ N97.0: Infertility, female
- ❒ O00.90: ectopic pregnancy without intrauterine pre
- ❒ O00.91: ectopic pregnancy with intrauterine pregna

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- ❒ N83.02: Follicular cyst, left ovary
- ❒ N83.10: Corpus luteum cyst of ovary, unspecified
- ❒ N83.11: Corpus luteum, right ovary
- ❒ N83.12: Corpus luteum, left ovary
- ❒ O02.0: Molar pregnancy
- ❒ O02.1: Missed abortion
- ❒ O73.1: Retained placenta
- ❒ Q51.818: Congenital malformations of uterus

- ❒ R11.0: Nausea alone
- ✓ R10.2: Pelvic/Perineal pain
- ✓ R10.84: Abdominal pain
- ❒ R30.0: Dysuria
- ❒ R31.9: Hematuria
- ❒ R32: Urinary incontinence unspecified
- ✓ R35.0: Urinary frequency
- ❒ R53.83: Fatigue
- ❒ R63.5: Abnormal weight gain
- ❒ R68.82: Decreased libido
- ❒ R73.09: Abnormal glucose
- ❒ R87.610: papanicolaou smear of cervix (ASC-US)
- ❒ R87.611: ASC-H
- ❒ R87.612: papanicolaou smear of cervix (LGSIL)
- ❒ R87.615: Unsatisfactory pap
- ❒ R87.810: HPV DNA test positive
- ❒ R92.8: Unspecified abnormal mammogram
- ❒ T81.89XA: Complication of procedures
- ❒ T83.39XA: Mechanical complication with IUD
- ❒ Z23: Encounter for immunization
- ✓ Z01.411: Routine gyno exam with abnormal findings
- ❒ Z01.419: Routine gynecological examination
- ❒ Z12.39: Malignant neoplasm of breast
- ✓ Z12.4: Screen for malignant neoplasms of cervix
- ❒ Z12.89: Other neoplasm (for abdominal sono)
- ❒ Z30.013: Injectable contraceptive (DEPO SHOT)

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- ❒ Z30.430: Insertion of IUD
- ❒ Z30.432: Removal of IUD
- ❒ Z30.46: Implantable contraceptive; insert/removal
- ❒ Z30.018: Encounter for initial prescription of other contraceptives
- ❒ Z30.019: Encounter for initial prescription of contraceptives, unspecified
- ❒ Z30.49: Encounter for surveillance of other contraceptives
- ❒ Z30.8: Encounter for other contraceptive management
- ❒ Z30.0: Encounter for contraceptive management, unspecified
- ❒ Z39.2: Post partum; global
- ✓ Z71.3: Dietary surveillance/counseling
- ✓ Z71.89: Counseling on other sexually transmitted disease
- ✓ Z71.9: Counseling, unspecified

Other: