Health Assessment

NRS-434VN   3 Credits   Jan 16 - Feb 19, 2023

Course Description

This course focuses on methods of health history taking, physical examination skills, documentation, and health promotion strategies. The course emphasizes the individual as the client, health patterns across the life span, community resources, and the teaching-learning process.

Instructor Contact Information

Barb McGraw
barb.mcgraw@my.gcu.edu

Class Resources

Lippincott Advisor: Patient Teaching Handouts and Patient Teaching Navigator

Access the "Lippincott Advisor and Procedures" page of the Nursing and Health Sciences GCU Library Research Guide and select **Lippincott Advisor**. Review the materials provided in the sections labeled "Patient Teaching Handouts" and "Patient Teaching Navigator."

https://libguides.gcu.edu/Nursing/lippincott

Shadow Health Digital Clinical Experience

The Shadow Health Digital Clinical Experience (DCE) provides a dynamic, immersive experience designed to improve your skills and clinical reasoning through the examination of digital standardized patients.

The link provided here is the single sign-on link you will use to complete assignments in the Shadow Health platform. The Shadow Health integration functions optimally in the Chrome browser.

You will be automatically registered on the Shadow Health website via your digital classroom credentials. However, you will need to accept the privacy policy to proceed to your course. Once in the course section, complete the Shadow Health Orientation in Topic 1. Follow the instructions for each subsequent assignment accordingly.

Each Digital Clinical Experience will have an accompanying interview guide that provides an outline of the experience's components and requirements. When collapsed, the interview guide will appear directly above the question box. Clicking on the teal plus sign will expand the guide and allow navigation through the data points required for the assignment, while also providing a means of tracking your progress through the

experience. All Shadow Health assignments may be reopened and reattempted.

If you have any questions or encounter any technical issues throughout the term, please visit the Shadow Health Learner Support page at https://service.elsevier.com/app/home/supporthub/shadow-health, contact Shadow Health customer support at 1-800-222-9570, or e-mail the Learner Support team directly at nhpsupport@elsevier.com.

Students will have access to Shadow Health as long as they are enrolled in their program at Grand Canyon University.

Shadow Health at Grand Canyon University

Refer to "Shadow Health at Grand Canyon University" for assistance in navigating around the Shadow Health platform. Use this resource as necessary to assist with your assignments.

Loom

Utilize Loom to complete the topic assignments as directed.

https://www.gcumedia.com/digital-resources/opentest-inc/2018/loom_1e.php

LopesWrite

Refer to the LopesWrite webpage for guidance regarding assignments requiring submission to LopesWrite.

https://support.gcu.edu/hc/en-us/articles/201277380-LopesWrite

Video Introduction to Shadow Health

Select "Health Assessment DCE" to watch the corresponding orientation video, located on the Shadow Health website. The Shadow Health integration functions optimally in the Chrome browser.

https://link.shadowhealth.com/Student-Orientation-Video

Documenting Nursing Assessments in the Age of EHRs

Read "Documenting Nursing Assessments in the Age of EHRs," by Reiner, from *Georgia Nursing* (2021).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=153037929&site=ehost-live&scope=site

Health Assessment: Foundations for Effective Practice

Grand Canyon University (Ed.). (2022). *Health assessment: Foundations for effective practice* (2nd ed.).

Topic 1: The Health Assessment of Infants

Objectives:

1. Apply evidence-based practice to health promotion for infants.
2. Evaluate environmental factors that increase risk to infant health.
3. Propose health promotion strategies for infants.

Jan 16, 2023 - Jan 22, 2023   Max Points: 138

Resources

Optional: Cardiovascular Assessment of the Newborn

For additional information, the following is recommended:

"Cardiovascular Assessment of the Newborn," by Catherine Theorell, from *Newborn and Infant Nursing Reviews* (2002).

https://www.sciencedirect.com/science/article/pii/S1527336902700433

Loom

Loom is a free video recording tool that allows you send messages through shareable videos. For assistance on installing the software or usage, navigate to the⬚ LoomHelp Center.

https://www.gcumedia.com/digital-resources/opentest-inc/2018/loom_1e.php

A Comprehensive Newborn Examination: Part I. General, Head and Neck, Cardiopulmonary

Read "A Comprehensive Newborn Examination: Part I. General, Head and Neck, Cardiopulmonary," by Lewis, from *American Family Physician* (2014).

http://www.aafp.org/afp/2014/0901/p289.html

Optional: Countdown to Calm: Preventing Abusive Head Trauma

For additional information, the following is recommended:

"Countdown to Calm: Preventing Abusive Head Trauma," by Missouri CTF (2021), located on the YouTube

website. In particular, familiarize yourself with prevention of abuse.

https://www.youtube.com/watch?v=OVnlqsTBsAg

Tips for Assessing Vision in a Baby or Child

Read "Tips for Assessing Vision in a Baby or Child," by Bowman, from *Community Eye Health Journal* (2019).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=a9h&AN=140946609&site=ehost-live&scope=site

Optional: Family Health History

For additional information, the following is recommended:

"Family Health History," located on the Centers for Disease Control and Prevention (CDC) website.

http://www.cdc.gov/genomics/famhistory/index.htm

Optional: Breastfeeding

For additional information, the following is recommended:

"Breastfeeding," located on the Office of the Assistant Secretary for Health (OASH) - Office on Women's Health website. Familiarize yourself with the reasons why breastfeeding is important and the resources that are available for patients.

http://www.womenshealth.gov/breastfeeding/

Sudden Infant Death Syndrome: A Global Public Health Issue and Nursing's Response

Read "Sudden Infant Death Syndrome: A Global Public Health Issue and Nursing's Response," by Pretorius and Rew, from *Comprehensive Child and Adolescent Nursing (2019).*

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=a9h&AN=136746239&site=ehost-live&scope=site&custid=s8333196&groupid=main&profile=ehost

Optional: 14 Diseases You Almost Forgot About Thanks to Vaccines

For additional information, the following is recommended:

"14 Diseases You Almost Forgot About Thanks to Vaccines," by the Centers for Disease Control and Prevention (CDC) (2021), located on the Healthy Children (American Academy of Pediatrics) website.

https://www.healthychildren.org/English/safety-prevention/immunizations/Pages/Vaccination-Protects-

Underlying Causes and Distribution of Infant Mortality in a Statewide Assessment From 2005 to 2016 by Infant, Maternal, and Neighborhood Characteristics

Read "Underlying Causes and Distribution of Infant Mortality in a Statewide Assessment From 2005 to 2016 by Infant, Maternal, and Neighborhood Characteristics," by Clements, Schlichting, and Vivier, from *Rhode Island Medical Journal* (2019).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?
direct=true&db=a9h&AN=139461005&site=ehost-
live&scope=site&custid=s8333196&groupid=main&profile=ehost

Attributes of Health Literate Organizations (HLOL #82)

Listen to "Attributes of Health Literate Organizations (HLOL #82)," by Osborne, from *Health Literacy Out Loud* (2012).

https://www.healthliteracyoutloud.com/2012/08/14/health-literacy-out-loud-82-attributes-of-health-literate-
organizations/

WHO Growth Standards Are Recommended for Use in the U.S. for Infants and Children 0 to 2 Years of Age

Review "WHO Growth Standards Are Recommended for Use in the U.S. for Infants and Children 0 to 2 Years of Age," by CDC - National Center for Health Statistics (2010), located on the Centers for Disease Control and Prevention (CDC) website.

https://www.cdc.gov/growthcharts/who_charts.htm

Health Assessment: Foundations for Effective Practice

Read Chapter 1 in *Health Assessment: Foundations for Effective Practice.* Use the Appendix as needed to complete your assignments.

A Comprehensive Newborn Examination: Part II. Skin, Trunk, Extremities, Neurologic

Read "A Comprehensive Newborn Examination: Part II. Skin, Trunk, Extremities, Neurologic," by Lewis, from *American Family Physician* (2014).

http://www.aafp.org/afp/2014/0901/p297.html

Assessments

Summary of Current Course Content Knowledge

Start Date & Time	Due Date & Time	Points
Jan 16, 2023, 12:00 AM	Jan 16, 2023, 11:59 PM	0

Assessment Description

Academic engagement through active participation in instructional activities related to the course objectives is paramount to your success in this course and future courses. Through interaction with your instructor and classmates, you will explore the course material and be provided with the best opportunity for objective and competency mastery. To begin this class, review the course objectives for each Topic, and then answer the following questions as this will help guide your instructor for course instruction.

1. Which weekly objectives do you have prior knowledge of and to what extent?
2. Which weekly objectives do you have no prior knowledge of?
3. What course-related topics would you like to discuss with your instructor and classmates? What questions or concerns do you have about this course?

Class Introductions

Start Date & Time	Due Date & Time	Points
Jan 16, 2023, 12:00 AM	Jan 18, 2023, 11:59 PM	0

Assessment Description

Take a moment to explore your new classroom and introduce yourself to your fellow classmates. What are you excited about learning? What do you think will be most challenging?

Shadow Health: Digital Clinical Experience Orientation

Start Date & Time	Due Date & Time	Points
Jan 16, 2023, 12:00 AM	Jan 22, 2023, 11:59 PM	10

Assessment Description

Within the Shadow Health platform, complete the Digital Clinical Experience Orientation. Upon completion, submit the lab pass through the assignment dropbox.

You are not required to submit this assignment to LopesWrite.

Environmental Factors and Health Promotion Presentation: Accident Prevention and Safety Promotion for Parents and Caregivers of Infants

Start Date & Time	Due Date & Time	Points
Jan 16, 2023, 12:00 AM	Jan 22, 2023, 11:59 PM	80

🖋 Requires LopesWrite

Assessment Description

The growth, development, and learned behaviors that occur during the first year of infancy have a direct effect on the individual throughout a lifetime. For this assignment, research an environmental factor that poses a threat to the health or safety of infants and **develop a health promotion that can be presented to parents and caregivers**.

Create a 10-12-slide PowerPoint health promotion, with speaker notes, that outlines a teaching plan. For the presentation of your PowerPoint, use Loom to create a voice over or a video. Include an additional slide for the Loom link at the beginning, and an additional slide for references at the end.

In developing your PowerPoint, take into consideration the health care literacy level of your target audience, as well as the demographic of the caregiver/patient (socioeconomic level, language, culture, and any other relevant characteristic of the caregiver) for which the presentation is tailored.

Include the following in your presentation:

1. Describe the selected environmental factor. Explain how the environmental factor you selected can potentially affect the health or safety of infants.
2. Create a health promotion plan that can be presented to parents and caregivers to address the environmental factor and improve the overall health and well-being of infants.
3. Offer recommendations on accident prevention and safety promotion as they relate to the selected environmental factor and the health or safety of infants.
4. Offer examples, interventions, and suggestions from evidence-based research. At least three scholarly sources are required. Two of the three sources must be peer-reviewed and no more than 5 years old.
5. Provide readers with four resources: two community resources, one national resource, and one web-based resource. Include a brief description and contact information for each resource.

You are required to cite a minimum of three peer-reviewed sources to complete this assignment. Sources must be published within the last 5 years, appropriate for the assignment criteria, and relevant to nursing practice.

Refer to the resource, "Creating Effective PowerPoint Presentations," located in the Student Success Center, for additional guidance on completing this assignment in the appropriate style.

Refer to the resource, "Loom," located in the Student Success Center, for additional guidance on recording your presentation.

While APA style is not required for the body of this assignment, solid academic writing is expected, and documentation of sources should be presented using APA formatting guidelines, which can be found in the APA Style Guide, located in the Student Success Center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are required to submit this assignment to LopesWrite. A link to the LopesWrite technical support articles is located in Class Resources if you need assistance.

Topic 1 DQ 1

Start Date & Time   Due Date & Time   Points

Jan 16, 2023, 12:00 AM   Jan 18, 2023, 11:59 PM   8

Assessment Description

Describe the effect of extremely low birth weight babies on the family and community. Consider short-term and long-term impacts, socioeconomic implications, the need for ongoing care, and comorbidities associated with prematurity. Explain how disparities relative to ethnic and cultural groups may contribute to low-birth-weight babies. Identify one support service within your community to assist with preterm infants and their families and explain how the service adequately addresses the needs of the community or a population in your community. Provide the link to the resource in your post.

Topic 1 DQ 2

Start Date & Time   Due Date & Time   Points

Jan 16, 2023, 12:00 AM   Jan 20, 2023, 11:59 PM   8

Assessment Description

Consider the following patient scenario:

A mother comes in with 9-month-old girl. The infant is 68.5cm in length (25th percentile per CDC growth chart), weighs 6.75kg (5th percentile per CDC growth chart), and has a head circumference of 43cm (25th percentile per CDC growth chart).

Describe the developmental markers a nurse should assess for a 9-month-old female infant. Discuss the recommendations you would give the mother. Explain why these recommendations are based on evidence-based practice.

Topic 1 Participation

Start Date & Time   Due Date & Time   Points

Jan 16, 2023, 12:00 AM   Jan 22, 2023, 11:59 PM   32

Topic 2: Health Assessment of the Toddler, Preschool, and School-Aged Child

Objectives:

1. Demonstrate clinical reasoning in conducting a child health assessment.
2. Apply Erikson's stages of child development to health assessment.
3. Identify factors that increase the vulnerability of a child.
4. Compare the physical assessment of a child to that of an adult.

Jan 23, 2023 - Jan 29, 2023   Max Points: 248

Resources

Sexual Abuse in Children and Adolescents: Females

Read "Sexual Abuse in Children and Adolescents: Females," by Karakashian and Schub, from *CINAHL Nursing Guide* (2022).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=T700766&site=ehost-live&scope=site

Stage Theories of Development

Read "Stage Theories of Development," by O'Dell and Brownlow, from D. T. Cook (Ed.), *The SAGE encyclopedia of children and childhood studies* (2020).

https://lopes.idm.oclc.org/login?url=https://search.credoreference.com/content/entry/sageukcacs/stage_theories_of_development/0?institutionId=5865

Health Assessment: Foundations for Effective Practice

Read Chapter 2 in *Health Assessment: Foundations for Effective Practice.* Use the Appendix as needed to complete your assignments.

Documentation of Symptoms in Children Newly Diagnosed With Cancer Highlights the Need for Routine Assessment Using Self-Report

Read "Documentation of Symptoms in Children Newly Diagnosed With Cancer Highlights the Need for Routine Assessment Using Self-Report," by Bradford, Bowers, Chan, Walker, Herbert, Cashion, Condon, and Yates, from *Cancer Nursing* (2021).

https://lopes.idm.oclc.org/login?url=http://ovidsp.ovid.com.lopes.idm.oclc.org/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00002820-202111000-00004&LSLINK=80&D=ovft

Sexual Abuse in Children and Adolescents: Males

Read "Sexual Abuse in Children and Adolescents: Males," by Karakashian and Schub, from *CINAHL Nursing Guide* (2021).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=T700764&site=ehost-live&scope=site&custid=s8333196&groupid=main&profile=ehost

Assessments

Shadow Health: Focused Exam: Cough Results

Start Date & Time	Due Date & Time	Points
Jan 23, 2023, 12:00 AM	Jan 29, 2023, 11:59 PM	100

Assessment Description

Within the Shadow Health platform, complete the Focused Exam: Cough Results. The estimated average time to complete this assignment each time is 1 hour and 15 minutes. Please note, this is an average time. Some students may need longer.

This clinical experience is a focused exam. Students must score at the level of "Proficient" in the Shadow Health Digital Clinical Experience. Students have three opportunities to complete this assignment and score at the Proficient level. Upon completion, submit the lab pass through the assignment dropbox.

Students successfully scoring within the Proficient level in the Digital Clinical Experience on the first attempt will earn a grade of 100 points; students successfully scoring at the Proficient level on the second attempt will earn a grade of 90 points; and students successfully scoring at the Proficient level on the third attempt will earn a grade of 80 points. Students who do not pass the performance-based assessment by scoring within the Proficient level in three attempts will receive a failing grade (68 points).

If the Proficient level is not achieved on the first attempt, it is recommended that you review your answers with the correct answers on the Experience Overview page. Review the report by clicking on each tab to the left titled Transcript, Subjective Data Collection, Objective Data Collection, Documentation, and SBAR to compare your work. Reviewing this overview and the course resources may help you improve your score.

Please review the assignment in the Health Assessment Student Handbook in Shadow Health prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

Developmental Assessment and the School-Aged Child

Start Date & Time	Due Date & Time	Points
Jan 23, 2023, 12:00 AM	Jan 29, 2023, 11:59 PM	100

Assessment Traits

Requires LopesWrite

Assessment Description

The needs of the pediatric patient differ depending on age, as do the stages of development and the expected assessment findings for each stage. In a 500-750-word paper, examine the needs of a school-aged child between the ages of 5 and 12 years old and discuss the following:

1. Describe the different physical characteristics/findings within the school-aged child. Explain how you would modify assessment techniques to match the age and developmental stage of this child.
2. Choose a child between the ages of 5 and 12 years old. Identify the age of the child and describe the typical developmental stages of children that age.

3. Applying developmental theory based on Erickson, Piaget, or Kohlberg, explain how you would developmentally assess the child. Include how you would offer explanations during the assessment, strategies you would use to gain cooperation, and potential findings from the assessment.

You are required to cite a minimum of three peer-reviewed sources to complete this assignment. Sources must be published within the last 5 years, appropriate for the assignment criteria, and relevant to nursing practice.

Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are required to submit this assignment to LopesWrite. A link to the LopesWrite technical support articles is located in Class Resources if you need assistance.

Topic 2 DQ 1

Start Date & Time	Due Date & Time	Points
Jan 23, 2023, 12:00 AM	Jan 25, 2023, 11:59 PM	8

Assessment Description

Child abuse and maltreatment is not limited to a particular age—it can occur in the infant, toddler, preschool, and school-age years. Choose one of the four age groups and outline the types of abuse most commonly seen among children of that age. Describe warning signs and physical and emotional assessment findings the nurse may see that could indicate child abuse. Discuss cultural variations of health practices that can be misidentified as child abuse. Describe the reporting mechanism in your state and nurse responsibilities related to the reporting of suspected child abuse. Identify two factors that increase the vulnerability of a child for abuse in the age group you have selected.

Topic 2 DQ 2

Start Date & Time	Due Date & Time	Points
Jan 23, 2023, 12:00 AM	Jan 27, 2023, 11:59 PM	8

Assessment Description

Compare the physical assessment of a child to that of an adult. In addition to describing the similar/different aspects of the physical assessment, explain how the nurse would offer instruction during the assessment, how communication would be adapted to offer explanations, and what strategies the nurse would use to encourage engagement.

Topic 2 Participation

Start Date & Time	Due Date & Time	Points
Jan 23, 2023, 12:00 AM	Jan 29, 2023, 11:59 PM	32

Topic 3: Health Assessment During the Adolescent and Prenatal Periods

Objectives:

1. Utilize the nursing process in completing a comprehensive health history.
2. Discuss factors that contribute to risk-taking behavior in adolescents.
3. Discuss support options for adolescents encountering external stressors.
4. Evaluate the issues associated with adolescent pregnancy.

Jan 30, 2023 - Feb 5, 2023   Max Points: 158

Resources

Teen Pregnancy Part 1: The First Trimester

Read "Teen Pregnancy Part 1: The First Trimester," by Querin and Migliaccio, from *Pediatric Emergency Medicine Reports* (2020).

https://lopes.idm.oclc.org/login?url=https://www.proquest.com/trade-journals/teen-pregnancy-part-1-first-trimester/docview/2436339921/se-2?accountid=7374

Substance Use Disorder: Screening Adolescents in Primary Care

Read "Substance Use Disorder: Screening Adolescents in Primary Care," by Mackavey and Kearney, from *The Nurse Practitioner* (2020).

https://lopes.idm.oclc.org/login?url=http://ovidsp.ovid.com.lopes.idm.oclc.org/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00006205-202005000-00007&LSLINK=80&D=ovft

Sexually Transmitted Diseases

View Sexually Transmitted Diseases page of the Medscape website. You will need to create a free account in order to access this material.

http://www.medscape.com/features/slideshow/stds

Health Assessment: Foundations for Effective Practice

Read Chapter 3 in *Health Assessment: Foundations for Effective Practice.* Use the Appendix as needed to complete your assignments.

Performing a Respiratory Assessment

Read "Performing a Respiratory Assessment," by Marjaana, from *Nursing Critical Care* (2010).

https://journals.lww.com/nursingcriticalcare/Fulltext/2010/05000/
Performing_a_respiratory_assessment.8.aspx

Optional: Making the Most of the Adolescent Male Health Visit: Part 1: History and Anticipatory Guidance

For additional information, the following is recommended:

"Making the Most of the Adolescent Male Health Visit: Part 1: History and Anticipatory Guidance," by Marcell and Bell, from *Contemporary Pediatrics* (2006).

https://lopes.idm.oclc.org/login?url=http://search.ebscohost.com.lopes.idm.oclc.org/login.aspx?
direct=true&db=ccm&AN=2009185184&site=ehost-live&scope=site

Sexual Health History: Techniques and Tips

Read "Sexual Health History: Techniques and Tips," by Savoy, O'Gurek, and Brown-James, from *American Family Physician* (2020).

https://lopes.idm.oclc.org/login?url=https://www.proquest.com/scholarly-journals/sexual-health-history-
techniques-tips/docview/2454202914/se-2?accountid=7374

Optional - The Well-Woman Visit: Adolescence Through End-of-Life

For additional information, the following is recommended:

"The Well-Woman Visit: Adolescence Through End-of-Life," by Ammerman, Jones, Riske, and Kuzma, from *Advances in Family Practice Nursing* (2022).

https://www-sciencedirect-com.lopes.idm.oclc.org/science/article/pii/S2589420X21000393

Assessments

Shadow Health: Conversation Concept Lab

Start Date & Time	Due Date & Time	Points
Jan 30, 2023, 12:00 AM	Feb 5, 2023, 11:59 PM	20

Assessment Description

Within the Shadow Health platform, complete the Conversation Concept Lab. The estimated average time to

complete this assignment is 40 minutes. Please note, this is an average time. Some students may need longer.

This clinical experience is a conversation concept lab. Students have one opportunity to complete this graded assignment. Upon completion, submit the lab pass through the assignment dropbox. Students will receive full points for successful completion of this assignment. A proficiency score is not provided.

Please review the assignment in the Health Assessment Student Handbook in Shadow Health prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

Adolescence: Contemporary Issues and Resources

Start Date & Time	Due Date & Time	Points
Jan 30, 2023, 12:00 AM	Feb 5, 2023, 11:59 PM	90

Assessment Traits

🖍 Requires LopesWrite

Assessment Description

Research the range of contemporary issues teenagers face today. In a 500-750-word paper, choose one issue (besides teen pregnancy) and discuss its effect on adolescent behavior and overall well-being. Include the following in your submission:

1. Describe the contemporary issue and explain what external stressors are associated with this issue.
2. Outline assessment strategies to screen for this issue and external stressors during an assessment for an adolescent patient. Describe what additional assessment questions you would need to ask and define the ethical parameters regarding what you can and cannot share with the parent or guardian.
3. Discuss support options for adolescents encountering external stressors. Include specific support options for the contemporary issue you presented.

You are required to cite a minimum of three peer-reviewed sources to complete this assignment. Sources must be published within the last 5 years, appropriate for the assignment criteria, and relevant to nursing practice.

Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are required to submit this assignment to LopesWrite. A link to the LopesWrite technical support articles is located in Class Resources if you need assistance.

Topic 3 DQ 1

Start Date & Time	Due Date & Time	Points
Jan 30, 2023, 12:00 AM	Feb 1, 2023, 11:59 PM	8

Assessment Description

Grand Canyon University 2023 ©   Prepared on: Jan 13, 2023

Adolescent pregnancy is viewed as a high-risk situation because it poses serious health risks for the mother and the baby. Describe various risk factors or precursors to adolescent pregnancy. Research community and state resources devoted in adolescent pregnancy and describe at least two of these resources. Research the teen pregnancy rates for the last 10 years for your state and community. Has this rate increased or decreased? Discuss possible reasons for an increase or decrease.

Topic 3 DQ 2

Start Date & Time	Due Date & Time	Points
Jan 30, 2023, 12:00 AM	Feb 3, 2023, 11:59 PM	8

Assessment Description

Describe two external stressors that are unique to adolescents. Discuss what risk-taking behaviors may result from the external stressors and what support or coping mechanism can be introduced.

Topic 3 Participation

Start Date & Time	Due Date & Time	Points
Jan 30, 2023, 12:00 AM	Feb 5, 2023, 11:59 PM	32

Topic 4: Health Assessment of the Young and Middle-Aged Adult

Objectives:

1. Discuss strategies to reduce at-risk behavior in adults.
2. Evaluate assessment of diverse populations.
3. Perform and document a comprehensive health assessment.

Feb 6, 2023 - Feb 12, 2023   Max Points: 198

Resources

Optional: Cardiac Assessment. Cardiac Patient Assessment: Putting the Patient First

For additional information, the following is recommended:

"Cardiac Assessment. Cardiac Patient Assessment: Putting the Patient First," by Scott and MacInnes, from *British Journal of Nursing* (2006).

https://lopes.idm.oclc.org/login?url=http://search.ebscohost.com.lopes.idm.oclc.org/login.aspx?direct=true&db=ccm&AN=2009192225&site=ehost-live&scope=site

Caring for Families With Substance Use Disorders

Read "Caring for Families With Substance Use Disorders," by Maguire, Balakrishnan, and Subick, from *MEDSURG Nursing* (2019).

Optional: Performing a Skin Assessment

For additional information, the following is recommended:

"Performing a Skin Assessment," by Hess, from *Nursing* (2010).

Optional: Respiratory Assessment

For additional information, the following is recommended:

"Respiratory Assessment," by Simpson, from *British Journal of Nursing* (2006).

911/Emergency Call Taking Audio Recordings

Listen to the audio of "Lisa," provided in the 911/Emergency Call Taking Audio Recordings section of *Domestic Violence: Train-the-Trainer Program* (2003), located the National Center on Domestic and Sexual Violence website.

Optional: The Principles of Neurological Assessment

For additional information, the following is recommended:

"The Principles of Neurological Assessment," by Cox, from *Practice Nurse* (2008).

Optional: Patient Assessment. The Process of Conducting a Physical Assessment: A Nursing Perspective

For additional information, the following is recommended:

"Patient Assessment. The Process of Conducting a Physical Assessment: A Nursing Perspective," by Baid from *British Journal of Nursing* (2006).

https://lopes.idm.oclc.org/login?url=http://search.ebscohost.com.lopes.idm.oclc.org/login.aspx?direct=true&db=ccm&AN=2009251187&site=ehost-live&scope=site

Optional: s3+s4-Heart-Sound

For additional information, the following is recommended:

Video: "s3+s4-Heart-Sound," by ano0o0os (2007), located on the YouTube website.

http://www.youtube.com/watch?v=mVZFf0xaCQI

Optional: Heart and Lung Sounds Reference Guide

For additional information, the following is recommended:

Listen to lung sounds provided in the "Heart and Lung Sounds Reference Guide," located on the Practical Clinical Skills website.

https://www.practicalclinicalskills.com/heart-lung-sounds-reference-guide

Optional: A Step-by-Step Guide to Performing a Complete Abdominal Examination

For additional information, the following is recommended:

"A Step-by-Step Guide to Performing a Complete Abdominal Examination," by Cox and Stegall, from *Gastrointestinal Nursing* (2009).

https://lopes.idm.oclc.org/login?url=http://search.ebscohost.com.lopes.idm.oclc.org/login.aspx?direct=true&db=ccm&AN=2010214577&site=ehost-live&scope=site

Optional - Lippincott Advisor: Cultural Perspectives

For additional information, the following is recommended:

"Cultural Perspectives," located in *Lippincott Advisor.*

https://advisor-lww-com.lopes.idm.oclc.org/lna/home.do?m=selection&selectedBookId=26

Health Assessment: Foundations for Effective Practice

Read Chapter 4 in *Health Assessment: Foundations for Effective Practice.* Use the Appendix as needed to

Assessments

Shadow Health: Comprehensive Assessment

Start Date & Time	Due Date & Time	Points
Feb 6, 2023, 12:00 AM	Feb 12, 2023, 11:59 PM	150

Assessment Description

Within the Shadow Health platform, complete the Comprehensive Assessment. The estimated average time to complete this assignment each time is 3 hours. Please note, this is an average time. Some students may need longer.

This clinical experience is a comprehensive exam. Students must score at the level of "Proficient" in the Shadow Health Digital Clinical Experience. Students have three opportunities to complete this assignment and score at the Proficient level. Upon completion, submit the lab pass through the assignment dropbox.

Students successfully scoring within the Proficient level in the Digital Clinical Experience on the first attempt will earn a grade of 150 points; students successfully scoring at the Proficient level on the second attempt will earn a grade of 135 points; and students successfully scoring at the Proficient level on the third attempt will earn a grade of 120 points. Students who do not pass the performance-based assessment by scoring within the Proficient level in three attempts will receive a failing grade (102 points).

If the Proficient level is not achieved on the first attempt it is recommended that you review your answers with the correct answers on the Experience Overview page. Review the report by clicking on each tab to the left titled; Transcript, Subjective Data Collection, Objective Data Collection, Documentation, and SBAR to compare your work. Reviewing this overview and course resources may help you improve your score.

Please review the assignment in the Health Assessment Student Handbook in Shadow Health prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

Topic 4 DQ 1

Start Date & Time	Due Date & Time	Points
Feb 6, 2023, 12:00 AM	Feb 8, 2023, 11:59 PM	8

Assessment Description

You are admitting a 19-year-old female college student to the hospital for fevers. Using the patient information provided, choose a culture unfamiliar to you and describe what would be important to remember while you interview this patient. Discuss the health care support systems available in your community for someone of this culture. If no support systems are available in your community, identify a national resource.

Topic 4 DQ 2

Start Date & Time	Due Date & Time	Points
Feb 6, 2023, 12:00 AM	Feb 10, 2023, 11:59 PM	8

Assessment Description

For the middle-aged adult, exercise can reduce the risk of various health problems. Choose two at-risk health issues that regular physical exercise and activity can help prevent and manage. Discuss the prevalence of each of these health problems in society today. Describe measures that you would take as a nurse to assist patients with health promotion measures to incorporate exercise and physical activity into their lives. Include the kind of activities you would recommend, the amount of exercise, and the approach you would use to gain cooperation from the patient. Support your response with evidence-based literature.

Topic 4 Participation

Start Date & Time	Due Date & Time	Points
Feb 6, 2023, 12:00 AM	Feb 12, 2023, 11:59 PM	32

Topic 5: Health Assessment of the Older Adult

Objectives:

1. Describe characteristics of the aging process.
2. Recommend strategies for supporting patients in end-of-life care.
3. Apply use of a focused assessment to an assigned individual patient.

Feb 13, 2023 - Feb 19, 2023   Max Points: 258

Resources

Statement on the Integration of Faith and Work

Read "Statement on the Integration of Faith and Work," located on the Grand Canyon University website.

https://www.gcu.edu/sites/default/files/media/Documents/Statement-IFLW.pdf

Health Assessment: Foundations for Effective Practice

Read Chapter 5 in *Health Assessment: Foundations for Effective Practice.* Use the Appendix as needed to complete your assignments.

Skin Assessment Fundamentals

Read "Skin Assessment Fundamentals," by Wheeler, from *Dermatological Nursing* (2021).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=155718751&site=ehost-live&scope=site&custid=s8333196&groupid=main&profile=ehost

Optional: Assessing and Managing Patients With Musculoskeletal Conditions

Read "Assessing and Managing Patients With Musculoskeletal Conditions," by Judge and Fernandes, from *Nursing Standard* (2007).

https://lopes.idm.oclc.org/login?url=https://search-proquest-com.lopes.idm.oclc.org/docview/219829207?accountid=7374

Optional - Pulmonary Embolism: Surveillance Is Key

For additional information, the following is recommended:

"Pulmonary Embolism: Surveillance Is Key," by Gilley, Holmes, Sims, and Hanneman, from *American Nurse Today* (2022).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=155985777&site=ehost-live&scope=site&custid=s8333196&groupid=main&profile=ehost

Optional - Alternative Pain Assessment: A Tool to Evaluate Pain in Cognitively Impaired Patients

For additional information, the following is recommended:

"Alternative Pain Assessment: A Tool to Evaluate Pain in Cognitively Impaired Patients," by Hutchinson and Maisano, from *Oklahoma Nurse* (2020).

https://lopes.idm.oclc.org/login?url=https://search.ebscohost.com/login.aspx?direct=true&db=ccm&AN=148477326&site=ehost-live&scope=site

1.03 The Health-Illness Continuum

Read "1.03 The Health-Illness Continuum" from *Nursing Fundamentals I,* located on the Brookside Associates website.

https://brooksidepress.org/nursing_fundamentals_1/?page_id=115

Aging

Read "Aging," by Paradox and Alic, from J. L. Longe (Ed.), *Gale encyclopedia of medicine* (6th ed.) (2020).

https://lopes.idm.oclc.org/login?url=https://search.credoreference.com/content/entry/galegm/aging/0?institutionId=5865

Optional: Pain Management

For additional information, the following is recommended:

"Pain Management" slideshow on the Medscape website. You will need to create a free account in order to access this material.

http://www.medscape.com/features/slideshow/pain-management

Optional: Pressure Ulcers

For additional information, the following is recommended:

"Pressure Ulcers," located on the Medscape website. You will need to create a free account in order to access this material.

http://reference.medscape.com/features/slideshow/pressure-ulcer-causes

Assessments

Shadow Health: Focused Exam: Abdominal Pain

Start Date & Time	Due Date & Time	Points
Feb 13, 2023, 12:00 AM	Feb 19, 2023, 11:59 PM	100

Assessment Description

Within the Shadow Health platform, complete the Focused Exam: Abdominal Pain. The estimated average time to complete this assignment is 1 hour and 25 minutes. Please note, this is an average time. Some students may need longer.

This clinical experience is a focused exam. Students have one opportunity to complete this assignment and score at the Proficient level. Upon completion, submit the lab pass through the assignment dropbox.

Students successfully scoring within the Proficient level in the Digital Clinical Experience will earn a grade of 100 points. Students who do not pass the performance-based assessment and scoring within the Proficient level will receive a failing grade (68 points).

Please review the assignment in the Health Assessment Student Handbook in Shadow Health prior to beginning the assignment to become familiar with the expectations for successful completion.

You are not required to submit this assignment to LopesWrite.

Benchmark - Human Experience Across the Health-Illness Continuum

Start Date & Time	Due Date & Time	Points
Feb 13, 2023, 12:00 AM	Feb 19, 2023, 11:59 PM	110

Assessment Traits

✍ Requires LopesWrite

🏵 Benchmark

Assessment Description

Research the health-illness continuum and its relevance to patient care. In a 750-1,000-word paper, discuss the relevance of the continuum to patient care and present a perspective of your current state of health in relation to the wellness spectrum. Include the following:

1. Examine the health-illness continuum and discuss why this perspective is important to consider in relation to health and the human experience when caring for patients.
2. Explain how understanding the health-illness continuum enables you, as a health care provider, to better promote the value and dignity of individuals or groups and to serve others in ways that promote human flourishing and are consistent with the Christian worldview.
3. Reflect on your overall state of health. Discuss what behaviors support or detract from your health and well-being. Explain where you currently fall on the health-illness continuum.
4. Discuss the options and resources available to you to help you move toward wellness on the health-illness spectrum. Describe how these would assist in moving you toward wellness (managing a chronic disease, recovering from an illness, self-actualization, etc.).

You are required to cite a minimum of three peer-reviewed sources to complete this assignment. Sources must be published within the last 5 years, appropriate for the assignment criteria, and relevant to nursing practice.

Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center.

This assignment uses a rubric. Please review the rubric prior to beginning the assignment to become familiar with the expectations for successful completion.

You are required to submit this assignment to LopesWrite. A link to the LopesWrite technical support articles is located in Class Resources if you need assistance.

Benchmark Information

This benchmark assesses the following programmatic competency:

RN-BSN

5.3: Understand the human experience across the health-illness continuum.

Topic 5 DQ 1

Start Date & Time	Due Date & Time	Points
Feb 13, 2023, 12:00 AM	Feb 15, 2023, 11:59 PM	8

Describe the characteristics of the aging process. Explain how some of the characteristics may lead to elder abuse (memory issues, vulnerability, etc.). Discuss the types of consideration a nurse must be mindful of while performing a health assessment on a geriatric patient as compared to a middle-aged adult.

Topic 5 DQ 2

Start Date & Time	Due Date & Time	Points
Feb 13, 2023, 12:00 AM	Feb 17, 2023, 11:59 PM	8

Assessment Description

End-of-life care becomes an issue at some point for elderly patients. Even with the emergence of palliative care programs and hospice programs, most elderly people do not die in their own home as is their preference. What are the reasons for this trend? Discuss what you can do as a nurse to support your patients regarding end-of-life care in accordance with their wishes. Support your response with evidence-based literature.

Topic 5 Participation

Start Date & Time	Due Date & Time	Points
Feb 13, 2023, 12:00 AM	Feb 19, 2023, 11:59 PM	32